## **Grange Hill House February Activity Planner**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
FEBR	UARY				1st 10.30AM –Tin Can Alley Game in the Lounge  2PM – Exercises with Jade in the Lounge	2nd 10.30AM – Watching "Songs of Praise" on the TV  2.00PM – Dominoes & Scrabble
3rd 10.30AM - "Song Stories" with Henry in the Lounge  2PM - General Knowledge Quiz in the Lounge	4th All Day Hairdressing with Melanie 10.30AM - Singalong in the Lounge  2PM - "Sit Up & Go" Exercises with Amanda in the Lounge	5th 10.30AM - Bingo in the Lounge  1.00PM - Minibus Outing.  2PM- Jigsaws & Puzzles in the Lounge	6th  10.30AM - Carpet Boules in the Lounge  2PM - Keep Moving Activities in the Lounge	7th	8th  10.30AM –  "Play your Cards Right" in the Lounge  2PM – Old Movie Afternoon	9th 10.30AM - Watching "Songs of Praise" on the TV  2PM - Entertainment with "Pauline" in the Lounge
10th	11th All day Hairdressing with Melanie 11.00AM - Entertainment with Phil Sayer in the Lounge  2PM - Keep Moving Activities in the Lounge	12th 10.30AM - Dominoes & Scrabble  1.00PM - Minibus Outing.  2PM- Valentines Crafts	13th	14 <sup>th</sup> Valentines Day 10.30AM - Valentines Quiz in the Lounge  1PM - Minibus Trip.  2PM - Biscuit Decorating	15th	16th 10.30AM – Watching "Songs of Praise" on the TV 2.00PM – Movie Afternoon
17th 10.30AM – "Song Stories" with Henry in the Lounge  2PM – Sweet Trolley Round	18th All Day Hairdressing with Melanie  10.30AM – Bullseye Game in the Lounge	19th 10.30AM – "Play your Cards Right" in the Lounge  1.00PM – Minibus Trip 2.00PM – Carpet Boules in the Lounge	20th 10.30AM - Music Morning  2PM - Keep Moving Activities in the Lounge	21st 10.30AM -Blockbusters Game  1.00PM -Minibus Trip 2PM - Tin Can Alley Game  6.30PM - Join in with	22nd 10.30AM - Carpet Football in the Lounge  2PM - "Habibi" - Belly Dancers	23rd  10.30AM – Watching "Songs of Praise" on the TV  2PM – Bingo in the Lounge

	2PM -			Shortcross Church in the	in the Lounge	
	Quiz in the Lounge			Lounge		
24th	25th	26th	27th	28th		
10.30AM -	All Day Hairdressing with	10.30AM-	10.30AM -Sweet Trolley	10.30AM –Bingo in the		
<b>Arts &amp; Crafts</b>	Melanie	Target Game	Round & Card Games in	Lounge		
			the Lounge		(D) 5.15	
2PM -	10.30AM –Pamper Morning	1PM – Minibus Outing.		1.00PM – Minibus Trip.	ادر	
Listening to Olde Time			2PM -			
Music	2PM – Wordsearches and	2PM – African Drumming	General Knowledge	2PM-Board Games in the		
	Puzzles	with Julie in the Lounge	Quiz	Lounge		